



## Certified and Registered Postpartum Doula

www.theseedcollective.com.au



### Postpartum Kitchen Booking Form

Name	Phone
Full Postal Address (please print clearly)	Email
Expected Due Date Birth No. 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> , 6 <sup>th</sup>	Planning Hospital or Home Birth?
Name and address of Hospital	Would you like meals to be delivered to you in hospital?
Name and contact details of your midwife/doula/Ob	
Do you have any dietary requirements? This is not preferences but specific requirements that your doctor/nutritionist, dietician or naturopath has advised you of? For example, gluten free, dairy free, nut allergies etc	
Do you have any food preferences? eg, vegetarian, GF	Have you ever had reactions to specific foods?
Would you like to receive The Seed Collective Newsletter <b>Yes No</b>	
Have you ever suffered from excessive baby blues or post-natal depression before?	How many weeks would you like to secure meals for?

**Please tick (or make bold) to specify the services you require**

<input type="checkbox"/> Fill my freezer \$200	<input type="checkbox"/> Postpartum weekly meal delivery \$200	<input type="checkbox"/> Postpartum Meal Delivery to host
		\$110 for 3 days worth of food to be delivered in 24 hours of notification of your baby's birth.

**Meal Options:**

All meals are derived from traditional ayurvedic recipes for the postpartum woman. They are vegetarian in nature however some recipes have been adapted to include slow cooked sources of protein. All ingredients used are fresh, in season and where available organic.



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Do you have any questions?

Please read and sign the Terms and Conditions below to confirm your booking for postpartum meals.

Please return this copy with your booking form

### Terms and Conditions

**Full payment by cash or direct deposit is due 2 weeks before your estimated due date to secure your spot. If you change your mind, or do not contact me within 48hrs after the birth to start the meal preparation process 50% of the costs will be retained due to being on call and 50% will be refunded. To secure your spot please make payment via Bank transfer into this account The Seed Collective : **BSB 062 151 ACC 10412629****

By signing below you agree that all the information you have given is correct and to the best of your knowledge.

Specialist's Name \_\_\_\_\_ Total Price for Meal Service \$ \_\_\_\_\_

Client: Print Name \_\_\_\_\_ Signed \_\_\_\_\_ Date \_\_\_\_\_



## Certified and Registered Placenta Specialist

www.theseedcollective.com.au

**Keep this copy for your records**

### **Terms and Conditions**

1. IPEN Certified Specialists provide placenta services including placenta encapsulation, raw placenta smoothies, placenta essences, placenta tinctures, placenta prints and the arrangement of homeopathic placenta remedies.
2. IPEN Certified Specialists have been trained and certified by IPEN, The International Placenta Encapsulation Network, to provide placenta encapsulation services to the public. IPEN does not insure Placenta Specialists and the Client's relationship is solely with the Specialist and not with IPEN.
3. The TCM process of encapsulation used by IPEN Certified Specialists is based on Traditional Chinese Medicine.
4. Placenta encapsulation itself is experimental in nature and whilst the benefits of consuming the placenta post-birth are based on research studies, articles and testimonials from new mothers this research is ongoing and IPEN does not give any warranty or representation that these benefits are guaranteed.
5. Clients who choose to utilize these services take full responsibility of their own health and for researching and using the remedies provided in this service.
6. The Client agrees that IPEN or IPEN Certified Specialists are not liable and do not take responsibility for any results or effects the Client may experience before, during or after consuming the placenta unless resulting directly from the negligence of the Specialist.
7. IPEN recommends placenta capsules are for the Client's own use only.
8. IPEN Certified Specialists will not perform placenta encapsulations for Clients who have ever tested positive for HIV/AIDs, Hepatitis B and/or Hepatitis C.
9. All methods of decontamination and sterilization of equipment used by IPEN Certified Specialists are practiced to Government guidelines and regulations.
10. IPEN Certified Specialists take pride in using natural techniques when preparing the placenta, however certain hospital grade chemical disinfectants must be used to decontaminate and sterilise equipment before and after each Client. Placenta Smoothie blenders are 'one use' only and are disposed of after each Client.
11. Your IPEN Certified Specialist aims to prepare the placenta within 5 days after the birth. However we will not be held accountable should circumstance arise where the placenta encapsulation cannot be completed until an agreed date and time. Please see documents '**IPEN Placenta Encapsulation Information Guide for Expectant Mothers**' and '**Appropriate Placenta Care**' for guidelines for handling of your placenta.
12. IPEN Placenta Specialists do not take responsibility for damaged or lost placentas before the placenta comes into our care.
13. The Client will be liable for damaged property and/or equipment belonging to us should any equipment become broken and/or damaged whilst in the Client's care. (For example our food dehydrator may be left overnight in the Client's home during a Home Visit.)
14. The Client consents to the removal of the placenta from the hospital (or home) by the Specialist to the extent necessary for the performance by the Specialist of the placenta services.

**Full payment by cash or direct deposit is due before collection of the placenta and when booking form is returned to secure your spot. If you mishandle the placenta, lose the placenta, change your mind, or do not contact me within 48hrs after the birth to start the encapsulation process 50% of the original fee is retained the other 50% will be refunded. To secure your spot please make payment via Bank transfer into this account The Seed Collective: **BSB 062 151 ACC 10412629****

By signing below you agree that all the information you have given is correct and to the best of your knowledge. You also agree to the **Terms and Conditions** above and you have thoroughly read and will follow all the guidelines emailed to you in the document titled '**IPEN Placenta Encapsulation Information Guide for Expectant Mothers**' ensuring the proper care and safe storage of your placenta.

Specialist's Name \_\_\_\_\_ Total Price for Placenta Services \$ \_\_\_\_\_

Client: Print Name \_\_\_\_\_ Signed \_\_\_\_\_ Date \_\_\_\_\_

Please contact your IPEN Certified Specialist if you have any questions or queries regarding this form or about placenta encapsulation in general. **Jenna Logan : 0415 635 857 : [www.theseedcollective.com.au](http://www.theseedcollective.com.au) [jenna@theseedcollective.com.au](mailto:jenna@theseedcollective.com.au)**